

## Tiffany Jones, MPH

Life Coach, Speaker, Amazon #1 Best Selling Author

[info@tiffanyjonesglobal.com](mailto:info@tiffanyjonesglobal.com)

[www.tiffanyjonesglobal.com](http://www.tiffanyjonesglobal.com)

Tiffany Jones, Amazon best-selling author, speaker and credentialed coach, has transformed hundreds of lives of high achieving women and men on stage and in training programs over the past 10 years. Her book “*More Life formally known as Made For More*,” which uncovers the secrets to cultivating God’s grandest vision for your life, shot to the Amazon #1 best seller in 24 hours, was recently featured in Black Enterprise as one of the top self-care guides for women.

Tiffany is from Decatur, GA. She is a 2004 graduate of Tuskegee and holds a BS in Biology and a Master’s degree in Public Health from Morehouse School of Medicine. She currently serves in the health care informatics tech space as a Clinical Applications Manager, in addition to running her company.

Her powerful messages, holistic wellness program, and line of daily devotional journals uses spiritual wisdom & practical advice to help her audiences *stay well and go for more*! She has become a trusted advisor and coach to college students and adults across the world. Her signature program “The Masterclass” is a 4- part curriculum series that targets students’ mental, emotional, social health and career development.

The program is currently on its 3<sup>rd</sup> year of being ran at Tuskegee University and has been extremely successful. **By the end of semester last year, 90% of students reported an improvement in their mental, social and/or emotional wellbeing since taking these courses. And, 94.4% continue to use the wellness habits they established in the program.** Tiffany is also a registered vendor for educational wellness coaching and speaking at Dekalb County, Clayton County and Fulton County School Districts. Her past features and events include: The Atlanta Public Schools Leadership Retreat, Fox 2 Now News, I Heart Radio, Black Enterprise, Cascade UMC Church, Impact Church, Tuskegee University, corporate companies and more!

In Tiffany's down time, she is a foodie, loves traveling and spending time with her husband and daughter who means the world to her. And she is the 2024 Pioneer Award recipient for Innovative in Education from the Atlanta Tuskegee Alumni Club!